











# Maiden Center December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10 am: Morning Meeting <b>2</b> 10:30am: ROM Exercises <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Rudolph</li> <li>- Handprint Reindeer</li> <li>- Reindeer Games</li> </ul> <p>2pm: Independent Living Skills</p> 	<p>10 am: Morning Meeting <b>3</b> 10:30am: Inside Walking Path <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Collective Chain Art</li> <li>- Christmas Tree &amp; Center Decorating</li> <li>- Numbers Game</li> </ul> <p>2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting <b>4</b> 10:30am: Outside Meditation <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Elf</li> <li>- Snowflakes</li> <li>- Dice Game</li> </ul> <p>2pm: Independent Living Skills</p> 	<p>10 am: Morning Meeting <b>5</b> 10:30am: Chair Exercises <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Clear Ornaments Create</li> <li>- Peer Craft Time</li> <li>- Participant Council</li> </ul> <p>2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting <b>6</b> 10:30am: Outside Walking Path <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Wreaths</li> <li>- Bingo</li> <li>- Card Games</li> </ul> <p>2pm: Independent Living Skills</p>
<p>10 am: Morning Meeting <b>9</b> 10:30am: Inside Walking Path <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Salt Dough Ornaments</li> <li>- Festive Charades</li> <li>- Christmas Island/ Red Crab Virtual Travel</li> </ul> <p>2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting <b>10</b> 10:30am: Outside Meditation <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Bingo</li> <li>- Holiday Cards</li> <li>- Peer Craft Time</li> </ul> <p>2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting <b>11</b> 10:30am: Chair Exercises <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Volunteer: Pastor Easter</li> <li>- Candy Cane Bracelets</li> <li>- Name that Carol</li> </ul> <p>2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting <b>12</b> 10:30am: Outside Walking Path <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Grinch</li> <li>- Felt Stockings</li> <li>- Decorate the Center</li> </ul> <p>2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting <b>13</b> 10:30am: ROM Exercises <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Polar Express</li> <li>- Hot Chocolate Bar</li> <li>- Conductor/ Follow the Leader</li> </ul> <p>2pm: Independent Living Skills</p> 
<p>10 am: Morning Meeting <b>16</b> 10:30am: Outside Meditation <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Popcorn Garland</li> <li>- Bingo</li> <li>- Storytime</li> </ul> <p>2pm: Independent Living Skills</p> 	<p>10 am: Morning Meeting <b>17</b> 10:30am: Chair Exercises <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Volunteer: Faith the Comfort Dog</li> <li>- Santa Clause</li> <li>- Cooking with Polly: Cutouts and Frosting</li> </ul> <p>2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting <b>18</b> 10:30am: Outside Walking Path <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Gingerbread Houses</li> <li>- Present Wrapping</li> <li>- Lights Drive</li> </ul> <p>2pm: Independent Living Skills</p>	<p>10:30am: Seniors on the Move for Christmas Caroling Center Christmas Party</p> <ul style="list-style-type: none"> <li>- Food</li> <li>- Games</li> <li>- Music</li> </ul> 	<p>10 am: Morning Meeting <b>20</b> 10:30am: Inside Walking Path <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Miracle on 34th</li> <li>- Sock Snowmen</li> <li>- Christmas Alphabet List</li> </ul> <p>2pm: Independent Living Skills</p>
<p>10 am: Morning Meeting <b>23</b> 10:30am: Chair Exercises <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Movies</li> <li>- Music</li> <li>- Crafts</li> </ul> <p>2pm: Independent Living Skills</p>	<p><b>24</b> Center Closed for Holiday</p> 	<p><b>25</b> Center Closed for Holiday</p> 	<p><b>26</b> Center Closed for Holiday</p> 	<p>10 am: Morning Meeting <b>27</b> 10:30am: Outside Meditation <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Movies</li> <li>- Music</li> <li>- Games</li> </ul> <p>2pm: Independent Living Skills</p>
<p>10 am: Morning Meeting <b>30</b> 10:30am: Outside Walking Path <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Musical Statues</li> <li>- Snowy Splatter Painting</li> <li>- Betty White Remembrance</li> </ul> <p>2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting <b>31</b> 10:30am: ROM Exercises <u>Scheduled Activities</u></p> <ul style="list-style-type: none"> <li>- Ice Watercolors</li> <li>- Bingo</li> <li>- Goal Setting/ New Year's Resolutions</li> </ul> <p>2pm: Independent Living Skills</p>	<p>Happy New Year!</p>  <p>All Activities Subject to Change</p>		<p><b>Adult Life Programs</b> <b>Maiden</b> <b>3390 Shepherd Rd.</b> <b>Maiden, NC 28650</b> <b>828-428-9010</b></p> <p>We are an equal opportunities provider</p>