



Adult Life Programs November 4, 2024 – Nov 8, 2024, Breakfast & Snack Menu

|              |               |                 |                |              |
|--------------|---------------|-----------------|----------------|--------------|
| Monday Nov 4 | Tuesday Nov 5 | Wednesday Nov 6 | Thursday Nov 7 | Friday Nov 8 |
|--------------|---------------|-----------------|----------------|--------------|

|            |   |  |   |  |   |
|------------|---|--|---|--|---|
| Breakfast: | Turkey Bacon<br>English Muffin<br>Mixed Fruit | Pancake w/fruit<br>Peaches                       | Sausage & Egg<br>Whole Grain Biscuit<br>Pineapple | Bagel<br>Cream Cheese (2 TBSP)<br>Orange Juice | Boiled Egg<br>Tropical Fruit<br>Slice of WW Toast |
| Snack:     | Banana<br>Graham Cracker Halves (5)           | Cucumber Slices<br>Wheat Thins<br>Ranch Dressing | Apple slices<br>Peanut Butter (2 TBSP)            | Mozzarella Cheese Sticks<br>Marinara           | Mini Corndogs<br>Pineapple                        |

\*\* Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack \*\*

This institution is an Equal Opportunity Provider