

ADULT LIFE PROGRAMS

Our vision is to be the leading provider of adult day services in NC

Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

August 2024

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MON	TUES	WED	THURS	FRI
Kevin-8/1 Simon-8/2  Elizabeth-8/13 Kathy-8/16(Staff) Glenn-8/24 George 8/24 Walter -8/29	Nikki-8/2(7yrs) Valerie -8/2(2year) Lauren-8/10(6yrs) Rufus-8/13(3yrs) Tracie 8/16(12yrs) Amanda -8/16(3yrs) Gilbert -8/19(2year) Beverly -8/21(6yrs) 		1 10:30-11:30 Sing Along Move Birthday Activity w/ Simon 1:00-1:45 National Coloring Book Day w/ Andrea Nikki's & Valerie's Anniversary Activity Ice Cream Social	2 10:30-11:30 Morning Music / Community Outing (Shopping)  12:30-1:45 Pet Therapy w/ Billy & Lakota  Birthday Activity w/ Kevin 
5 10:30-11:30 Morning Star Music & Devotion Bargain Hunting Week 1:00-1:45 Summer Olympic Games Armchair Travel	6 10:30-11:30 Community Outing (Shopping)  Cha-Ching Day Happy Birthday, Lucy Trivia 1:00-1:45 Participants Council 	7 10:30-11:15 Singing & Dancing w/ Macon  August Word Puzzle 12:30-1:45 Wiser Now Wednesday Lauren's Anniversary Activity	8 10:30-11:15 Happiness Happens Day Community Outing (Shopping)  1:00-1:45 Summer Olympic Games Happiness Happens Day	9 10:30-11:15 Elvis Week Begins Faithful Quartet Book Lovers Day 1:00-1:45 Closing Ceremony Adult Life Programs Summer Olympic 2024
12 10:30-11:15 Sunflower Month Community Outing (Shopping)  1:00-1:45 World Elephant Day Sew What!	13 10:30-11:15 Wear Your Birthstone Day Southpaw Day Rufus's Anniversary Activity 1:15-1:45 Birthday Activity w/ Elizabeth 	14 10:30-11:15 Morning Music Let's Play Bingo  12:30-1:45 Pet Therapy w/ Comfort Dog  'FAITH' Creamside Day	15 10:30-11:15 Feel Good Songs National Relaxation Day Tracie's Anniversary Activity 1:15-1:45 Group w/ The Shooting Stars Cranium Crunches	16 10:30-11:15 Amanda's Anniversary Activity National Tell a Joke Day 1:15-1:45 Birthday Activity w/ Kathy 
19 10:30-11:30 Inspirational Songs Small Group Sessions 1:00-1:45 Diversity Awareness Month Brain Aerobics Friendship Diamond Art Club w/ Nikki	20 10:30-11:15 Feel Good Music / Community Outing (Lunch)  People's Poet Day 1:00-1:45 National Lemonade Day NFL's Birthday (Trivia w/ Des)	21 10:30-11:15 Feel Good Songs / Wear White Wednesday National Senior Citizens Day 1:00-1:45 Participant Pick Beverly's Anniversary Activity	22 10:30-11:15 Partners Health Training Topic :OCD Beginning of American Sign Language 1:00-1:45 Gilbert's Anniversary	23 10:30-11:15 Moving to the Oldies Drum Roll "Please" Yoga Ball 1:00-1:45 Birthday Activity w/ Glenn & George 
26 10:30-11:30 Community Outing (Lunch)  Small Group Sessions 12:30-1:45 What in the box w/ Sarah Women's Equality Day	27 10:30-11:30 Sing Along Number Game w/ Tracie  1:00-1:30 Elvis & Beatles w/ Jennifer Just Because Day	28 10:15 -11:30 Fire Safety—Terri Bowers Feel Good Songs "I Have a Dream" Day 12:30-1:45 Pet Therapy w/ Comfort Dog  'FAITH' Ringer Day	29 10:30-11:15 Moving to the Oldies Community Outing Lunch @  1:00-1:45 Birthday Activity w/ Walter 	30 10:30-11:15 Feel Good Music / Golden Onion Days Begin 12:30-1:45 Music w/ Bad Boys of Conover /Individual Activities

**** Activities are subject to change ****

This institution is an equal opportunities provider