



Adult Life Programs January 13, 2025 – Jan 17, 2025, Breakfast & Snack Menu

Monday Jan 13 Tuesday Jan 14 Wednesday Jan 15 Thursday Jan 16 Friday Jan 17

Breakfast:	Cheerios (1 Cup) WW Toast Banana	Turkey Bacon Grapes Blueberry Muffin	Scrambled Eggs Salsa WW English Muffin	Sausage links Grits Orange Juice	Scrambled Eggs Mixed Fruit WW Toast
Snack:	Raisins & Celery Peanut Butter (2 TBSP)	String Cheese Grapes	Mixed Fruit Cheese Fries	Carrots Wheat Thins Ranch Dressing	Popcorn Apple Juice

**** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack ****
 This institution is an Equal Opportunity Provider