Monday Tuesday Wednesday Thursday Friday 1 April Fool's Day **2** National Walking Day 3 National Find a Rainbow Day 4 National Burrito Day 8:30-9:15 Music & Movement 8:30-9:15 Music and Movement 8:30-9:15 Music and Movement 8:30-9:15 Music and Movement Adult Basic Education: Grammer Outing: Group A Library Outing: Group C Library Outing to Village Inn Pizza Wellness Wednesday: Walk Outside **Emotional Skills: Autism Awareness** Geography: North Carolina Adult Basic Education: Cooking Craft Time: Autism Puzzle Rings Superstar Music Lessons: Classical Music Theater: Improv Games Free Space: White Board Games Participants Council Craft Time: Rainbow Art Free Up Friday: Thank-you cards Craft Time: Paper Plate Flowers 2:30-3:30 Afternoon Crafting Calendar Newspaper Meeting with Kevin 2:30-3:30 Afternoon Crafting Roll It & Play It game with Silver Stars 3:30-5:30 Participant Choice 7 National Make the 1st Move Day **10** National Siblings Day **8** National Draw a Bird Day **9** National Name Yourself Day 11 National Pet Day 10:00 Morning Star Music & Devotion 8:30-9:15 Music and Movement 8:30-9:15 Music and Movement 8:30-9:15 Music and Movement 8:30-9:15 Music Time Mental Health: Meditation Outing: Group B Library Adult Basic Education: Mathematics Outing: Garden Group to Lowes **Outing to Dollar Tree** Money Monday Bingo! **Emotional Skills: Dealing with Anger** Wellness Wednesday: Yoga Geography: United States Adult Education: Basic Chores Craft Time: Make a Name Craft Time: Sand Art Music Lessons: Country Music Theater: Stage Directions Free Space Friday: Olympics Practice Free Up Friday: Cleaning Up **Happy Birthday Samantha!** Craft Time: Drawing Birds Faith the comfort dog visits Craft Time: April Showers **Happy Birthday Andrea!** 2:30-3:30 Afternoon Crafting Number Game with the Silver Stars 2:30-4:30 Small Group Free Time 2:30-3:30 Afternoon Crafting 15 National ASL Day **18 ALP IS CLOSED 16** National Wear Your PJs Day 14 National Look up at the Sky Day 17 Special Olympics Day 8:30-9:15 Music and Movement 8:30-9:15 Music and Movement 8:30-9:15 Music and Movement Geography: North America Mental Health: Outside Activities Music Lessons: Sing Along Songs **Small Groups with Shooting Stars** Adult Basic Education: Cooking Outing: Group B Rec Center Money Monday: Small Purchases Skills: Basic American Sign Language Well Wednesday: Olympics Practice Craft Time: Make a Star Wheel Outing: Group A Rec Center Craft Time: Spring Rabbit Craft Time Craft Time: Baby Chick Egg Craft 2:30-3:30 Afternoon Crafting Craft Time: Color the ASL alphabet BINGO with the Silver Stars Easter Egg Hunt **Happy Easter Weekend** 3:30-5:30 Participant Choice Nick's 12th Anniversary! 2:30-4:30 Small Group Free Time Happy Birthday Wanda!

21 National Tea Day 8:30-9:15 Music & Mov

8:30-9:15 Music & Move

Mental Health: What tea will help?

Money Monday: Big Purchases

Tea Craft Time

2:30-3:30 Afternoon Crafting 3:30-5:30 Participant Choice

28 National Superhero Day 8:30-9:15 Music & Movement Mental Health: Empowerment Money Monday Bingo! Craft Time: Make a superhero

2:30-3:30 Afternoon Crafting 3:30-5:30 Participant Choice

29 National Zipper Day
8:30-9:15 Music and Movement
Music Lessons: Rock Music
Emotional Skills: Communication
Outing: Group C Rec Center

22 FARTH DAY

Life Skills: Recycling

8:30-9:15 Music and Movement

Outing: Buffalo Wild Wings

Music Lessons: Pop Music

Craft Time: Earth Day Craft

2:30-4:30 Small Group Free Time

Craft Time: Coloring for May Board
2:30-4:30 Small Group Free Time

8:30-9:15 Music and Movement
Adult Basic Education: Grammer
Wellness Wednesday: Walk
Craft Time: Tie-Dye Shirts
(bring in a plain white t-sl

(bring in a plain white t-shirt)
2:30-4:30 Small Group Free Time

23 Administrative Professionals Day

Adult Basic Education: Mathematics

8:30-9:15 Music and Movement

Wellness Wednesday: Zumba

Craft Time: Sensory Bins

Faith the comfort dog visits

2:30-4:30 Small Group Free Time

Outing: Buffalo Wild Wings
Geography: South America
Theater: Acting out scenes
Emotional Skills: Write a bucket list
2:30-3:30 Afternoon Crafting
Samantha—4

24 National Bucket List Day

8:30-9:15 Music and Movement

Samantha—4/6 Andrea — 4/11 Wanda — 4/17

Nick — 4/15 (12 years)

Superstar Room — Blue Activities

Game Room — Green Activities

Craft Room — Yellow Activities

25 National Mani-Pedi Day
8:30-9:15 Music and Movement
Outing to Glenn Hilton Park
Adult Basic Education: Handwriting
Free Space Friday: Let's do our nails!
Free-Up Friday: Cleaning Up
Music with the Bad Boys



Community Morning Meeting Daily 10:15-10:45

All Activities Subject to Change

Adult Life Programs: (828) 324-1313 Hours: 6:30am-5:30pm