## **Nutrition Program Menu September 2024**

| Monday                                                                           | Tuesday                                                                               | Wednesday                                                                       | Thursday                                                                        | Friday                                                                                           |
|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| CLOSED  LABOR DAY                                                                | 3 Spaghetti & Meat Sauce Corn Pineapple Garlic Bread Pudding Milk                     | Chicken & Dumplings Buttered Carrots Coleslaw Dinner Roll Peaches Milk          | 5 Meatloaf Macaroni & Cheese Lima Beans Dinner Roll Pineapple-Orange Juice Milk | Chicken Patty w/Gravy Mashed Potatoes Broccoli-Cheese Casserole Dinner Roll Assorted Cookie Milk |
| 9 Chicken Pie Rice Okra & Tomatoes Wheat Roll Cranberry Juice Milk               | Salisbury Steak w/Gravy Navy Beans Broccoli Dinner Roll Fresh Apple Slices Milk       | Beef Tacos Black Beans Lettuce & Tomato Fruit Cocktail Soft Tortilla Shell Milk | Pepper Steak Mashed Potatoes Peas & Carrots Pineapple Dinner Roll Pudding Milk  | Waffle w/syrup Scrambled Eggs Sausage Links Home Fries Apple Juice Milk                          |
| Sloppy Joe<br>Home Fries<br>Coleslaw<br>Fruit Cocktail<br>Bun<br>Milk            | Baked Chicken w/Gravy Mashed Potatoes Crowder Peas Dinner Roll Fresh Orange Milk      | Pinto Beans w/Ham Macaroni & Cheese Cabbage Cornbread Orange Juice Milk         | Hot Dog w/Chili Corn Coleslaw Bun Peaches Milk                                  | Chicken Alfredo w/Fettucine Noodles Green Beans Pickled Beets Dinner Roll Pears Milk             |
| 23 Barbecue Chicken Rice Stewed Tomatoes Dinner Roll Fruit Cocktail Milk         | 24<br>Swiss Steak<br>Mashed Potatoes<br>Green Beans<br>Dinner Roll<br>Pudding<br>Milk | 25 Barbecue Pork Rib Corn Coleslaw Cranberry Juice Bun Assorted Cookie Milk     | Sweet & Sour<br>Chicken<br>Rice<br>Broccoli<br>Dinner Roll<br>Pineapple<br>Milk | Baked Ham Pinto Beans Turnip Greens Cornbread Baked Apples Milk                                  |
| Chopped Steak w/Gravy Green Peas Buttered Carrots Wheat Roll Cranberry Juice Mil | September                                                                             | sionally have to be n                                                           | Fall                                                                            |                                                                                                  |

Menu substitutes may occasionally have to be made of equal nutritional value. "USDA is an equal opportunity provider and employer."