



Maiden Center November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Adult Life Programs Maiden 3390 Shepherds Rd. Maiden, NC 28650 828-428-9010 Rachel Hamilton, Program Manager</p>				<p>10 am: Morning Meeting 1 10:30am: Outside Walking Path 11:00am: Adult Small Group: Community Safety (Numbers) <u>Scheduled Activities</u> - Audiobook - Swallows of Capistrano History - Swallows Ornament 2pm: Independent Living Skills</p>
<p>10 am: Morning Meeting 4 10:30am: Inside Walking Path 11:00am: Adult Small Group: Financials (Current Knowledge Assessments) <u>Scheduled Activities</u> - Leaf Collage - Leaf Identify - President Polk History 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 5 10:30am: Outside Meditation <u>Scheduled Activities</u> - Leaf stamps - Musical Statues - Ireland Virtual Travel 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 6 10:30am: Chair Exercises <u>Scheduled Activities</u> - Leaf Wreath - Memory Game - No Air Air hockey - Mad Libs 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 7 10:30am: Outside Walking Path <u>Scheduled Activities</u> - Marie Curie Birthday History - Science Experiment - Bingo 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 8 10:30am: ROM Exercises 11:00am: Adult Small Group: Community Safety (Cars) <u>Scheduled Activities for STEAM Day</u> - Cover the Number - Water Science - Mini Sculptures - Volunteer: Faith the Comfort Dog -1 2pm: Independent Living Skills</p>
<p>10 am: Morning Meeting 11 10:30am: Outside Meditation 11:00am: Adult Small Group: Community Safety (Public Signage) <u>Scheduled Activities</u> - Veteran's Day History - Veteran's Day Craft - Polly's Trail Mix 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 12 10:30am: Chair Exercises <u>Scheduled Activities</u> - T-Ball - Puzzles - Wellness Talk: Anxiety Management Techniques 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 13 10:30am: Outside Walking Path <u>Scheduled Activities</u> - Volunteer: Pastor Easter - Bingo - Dance Party/ Line Dancing 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 14 10:30am: ROM Exercises <u>Scheduled Activities</u> - Participant Council Meeting - Board games - Cake-in-a-mug **Senior Outing: Creative Claremont (\$17) 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 15 10:30am: Inside Walking Path 11:00am: Adult Small Group: Financials (Budgeting) <u>Scheduled Activities</u> - Button Trees - Memory Game & Board Games - Karaoke 2pm: Independent Living Skills</p>
<p>10 am: Morning Meeting 18 10:30am: Chair Exercises 11:00am: Adult Small Group: Financials (Buying Power) <u>Scheduled Activities</u> - Trains and Time Zones History - Train Track Prints - Card Games 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 19 10:30am: Outside Walking Path <u>Scheduled Activities</u> - Volunteer: Library To Go - Bingo - Gourd Bowling 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 20 10:30am: ROM Exercises <u>Scheduled Activities</u> - GIS Dat Informational Session - Popsicle Stick Houses - Coloring 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 21 10:30am: Inside Walking Path <u>Scheduled Activities</u> - Cornucopia Collage - Chair Soccer - Thanksgiving History **Senior Outing: Creative Claremont (\$17) 2pm: Independent Living Skills4.</p>	<p>10 am: Morning Meeting 22 10:30am: Outside Meditation 11:00am: Adult Small Group: Situational Awareness <u>Scheduled Activities</u> - Pebble Tic-Tac-Toe - Create and Play - Large Mancala 2pm: Independent Living Skills</p>
<p>10 am: Morning Meeting 25 10:30am: Outside Walking Path 11:00am: Adult Small Group: Community Safety (Numbers) <u>Scheduled Activities</u> - Pie Garland - Human Bingo - Balloon Badminton 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 26 10:30am: ROM Exercises <u>Scheduled Activities</u> - Juke Box Day - Pumpkin Put-Put - Group Art 2pm: Independent Living Skills</p>	<p>10 am: Morning Meeting 27 10:30am: Inside Walking Path <u>Scheduled Activities</u> - Volunteer: Pastor Easter - Hand Turkey - Gratitude Game - Charlie Brown Thanksgiving 2pm: Independent Living Skills</p>	<p>Center Closed 28</p>	<p>Center Closed 29</p>
<p>Happy Thanksgiving</p> 				
<p>Activities/Times are Subject to Change</p>				