



2024 Annual Report



The Year in Numbers

138 persons served
15,638 days of service
34,744 meals served
76 Intakes **22** Trial Visits
28 New Enrollments

95% of elderly and disabled adults maintained their independence and avoided or delayed long-term care or institutionalization

96% of elderly and disabled adults reported an increased quality of life

100% of caregivers reported less stress and better health for themselves

100% of caregivers did not have to terminate employment

93% overall participant satisfaction

96% overall caregiver satisfaction



Adult Life Programs provided services to people living in Alexander, Burke, Caldwell, Catawba, and Lincoln Counties.

Adult Life Programs provided internship opportunities to students through Lenoir-Rhyne University and UNC-Charlotte in the areas of Occupational Therapy and Social Work.

Adult Life Programs is supported by a 13-member Board of Directors, all of whom volunteer their time and service, representing such industries as: Occupational Therapy, Nursing, Public Health, Social Work, Banking, Business, Information Technology, Human Resources, and Aging Services.

Our Mission:

To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

FYE 2024-2025 Board of Directors

Tony Cothren
Board Chair

Sue Friguglietti
*(Past Board Chair)
Vice Chair/
Secretary*

Deb Hill
*(Past Vice Chair/
Secretary) Emeritus*

Nicholas Walden
Treasurer

Will Arant

Alice Layne

Donna Whitt

Denise Albano

Lynn Matthews

Ex-Officio

Kendra Hendren

Chandra Henson

Julie Byrd

Tina Miller



Conover Center continues to provide Psychosocial Rehabilitation and facilitate life skill development with an active calendar. This year we welcomed Tess Gardner as Program Manager. She has since played a pivotal role in growing the program in both quantity and quality. We look forward what the future holds for Conover.



Hickory Center saw unprecedented growth in census this year. Interest, intakes and enrollments continue to keep the staff busy. They also introduced new calendars to have a focus on small groups; the Silver Stars and the Super Stars.



Maiden Center has welcomed new seasoned and experienced staff members. Participants continue to enjoy community outings as well as comingling with the participants of the other centers.

Key Personnel

Karin McDaniel MS,
QP Executive Director

Jill McLelland BS, QP
Director of Operations

Crystal Brackett BS
Finance Director

Michele Hamby BSN,
RN
*Health Care
Coordinator*

Cassandra Hall MHR,
QP
*Day Services Man-
ager Hickory*

Cindy Saine
*Center Resource
Manager Hickory*

Brad Ritch BSW, QP
*Behavioral Health
Coordinator Hickory*

Tess Gardner BS, QP
*Behavioral Health
Program Manager
Conover*

Peggy Smith, *Center
Resource Manager
Conover*

Adult Life Programs · PO Box 807 · Hickory NC 28603

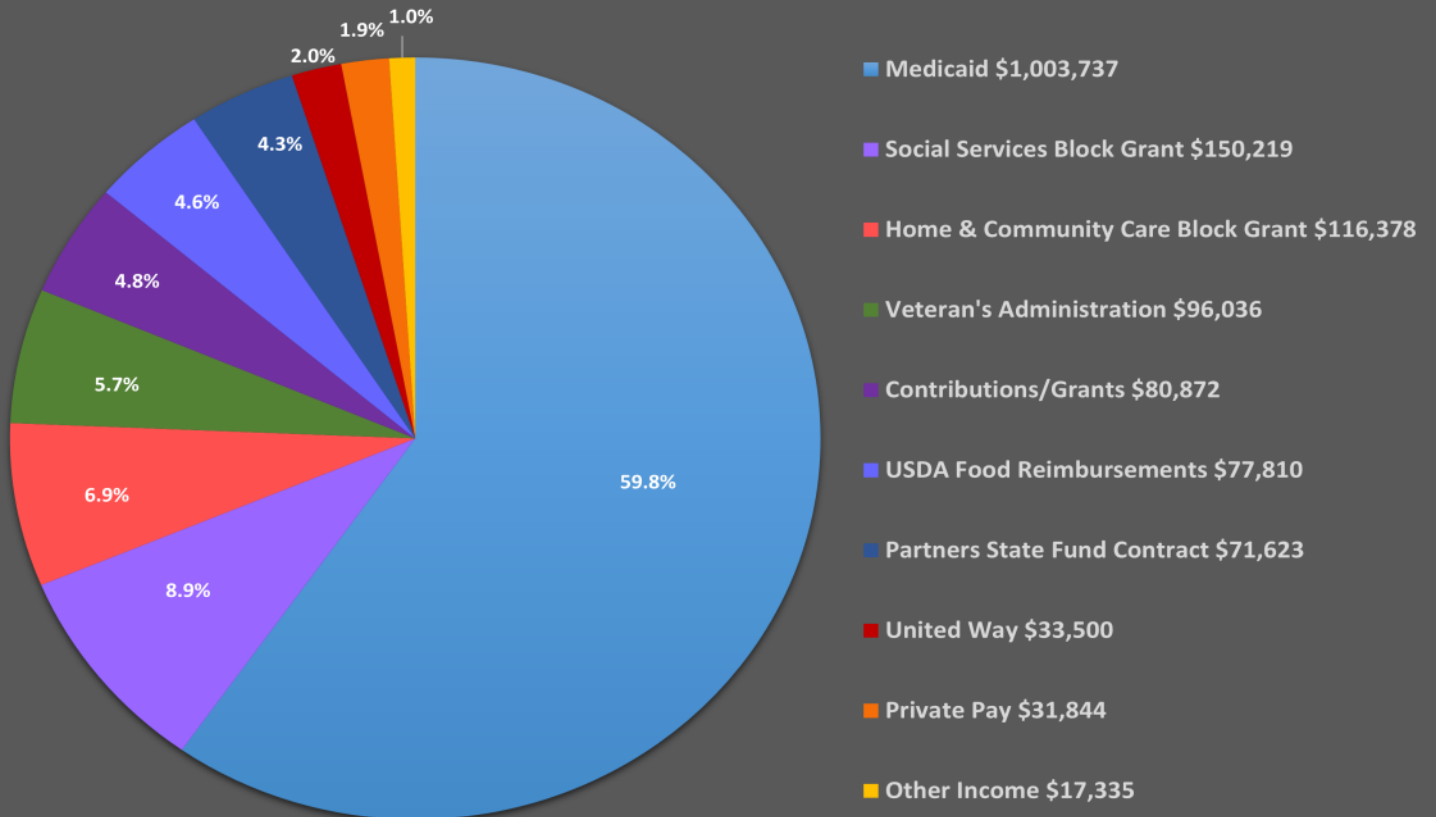
(828)326-9120 Fax (828)327-2661 info@adulthoodprograms.com

Website: www.adulthoodprograms.com

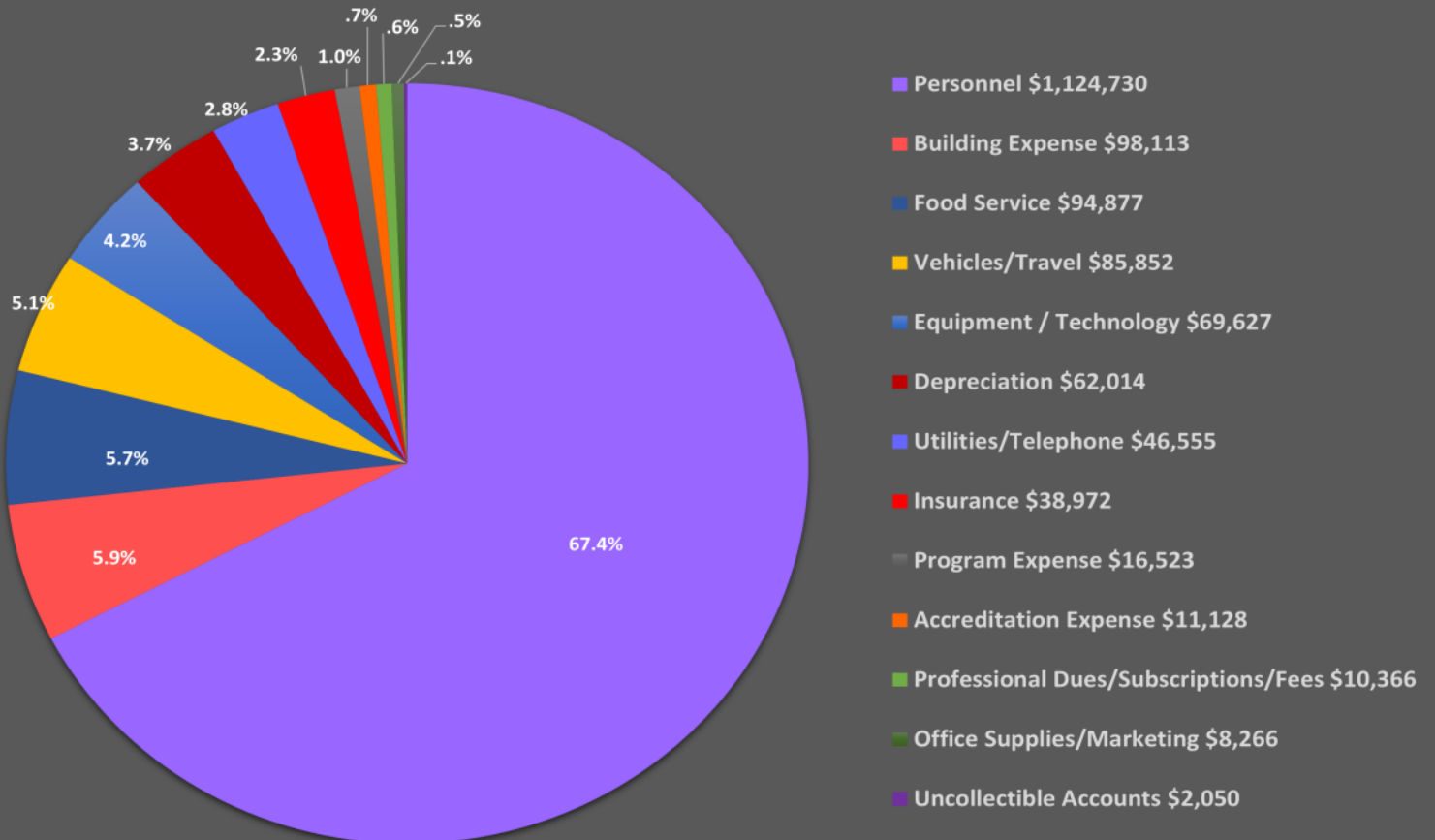
Facebook: [@AdultLife1983](https://www.facebook.com/AdultLife1983)

Adult Life Programs is a non-profit 501C3 organization. We are a funded partner agency of the Catawba County United Way. Adult Life Programs is licensed by the North Carolina Division of Health Service Regulation and the North Carolina Division of Aging and Adult Services and monitored by the local Department of Social Services. We are an equal opportunity provider and employer and do not discriminate on the basis of race, color, national origin, sex, age, disability, sexual orientation, or gender identity.

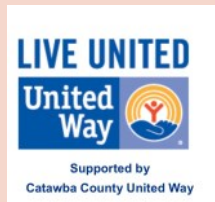
FYE June 2024 Annual Revenue \$1,679,354



FYE June 2024 Annual Expenses \$1,669,073



2024 DONORS



**Gifts are reported from
January 1, 2024—December 31, 2024**

Thank You to the many individuals, businesses, churches, and organizations for their generous charitable gifts, grants, and contributions! Your support is crucial to our ability to provide services to our community.

~ Catawba County United Way ~ The Bolick Foundation ~

~ St. Aloysius Catholic Church ~ Cathy Smith ~

~ First Presbyterian Church of Hickory ~

~ North Carolina Community Foundation Unifour Foundation Fund~

~ Edward McLelland ~ Lynn Matthews ~

~ Granite Savings Bank Unrestricted Endowment for Caldwell County ~

The Caudle Family - David Willingham - Lynn Sampson

Fredrick & Donna Whitt - Jeffrey Bronnenberg

First Methodist Church of Conover

Marion Dunigan - SamariTens: Cami Helper - Donna Evans

Neil & Beverly Marlow - Robert & Mary Young

Rebecca Connor - Karin McDaniel

