

Adult Life Programs Aug 26, 2024 – Aug 30, 2024, Breakfast & Snack Menu

| PROGRAMS | Monday Aug 26 | Tuesday Aug 27 | Wednesday Aug 28 | Thursday Aug 29 | Friday Aug 30 |
|------------|----------------|----------------|------------------|-----------------|-------------------------------|
| Breakfast: | Scrambled Eggs | Waffles | Toast/Oatmeal | Rice (1 cup) | Yogurt |
| | English Muffin | Banana | Strawberries | Sausage Gravy | Granola (1/2 cup) |
| | Pears | | Jelly | Peaches | Blueberries |
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| Snack: | Pretzels | Flour Tortilla | Tortilla Chips | Vanilla Yogurt | Wheat Thins |
| | Grapes | Cheese | Salsa | Apple Slices | Cucumbers & Grape Tomatoes |
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** Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack **

This institution is an Equal Opportunity Provider