

## Adult Life Programs Aug 26, 2024 – Aug 30, 2024, Breakfast & Snack Menu

PROGRAMS	Monday Aug 26	Tuesday Aug 27	Wednesday Aug 28	Thursday Aug 29	Friday Aug 30
Breakfast:	Scrambled Eggs	Waffles	Toast/Oatmeal	Rice (1 cup)	Yogurt
	English Muffin	Banana	Strawberries	Sausage Gravy	Granola (1/2 cup)
	Pears		Jelly	Peaches	Blueberries
Snack:	Pretzels	Flour Tortilla	Tortilla Chips	Vanilla Yogurt	Wheat Thins
	Grapes	Cheese	Salsa	Apple Slices	Cucumbers & Grape Tomatoes

\*\* Unflavored 1% Milk and Water are offered Daily with Breakfast, Lunch, and Snack \*\*

This institution is an Equal Opportunity Provider