ADULT LIFE PROGRAMS

Our vision is to be the leading provider of adult day services in NC

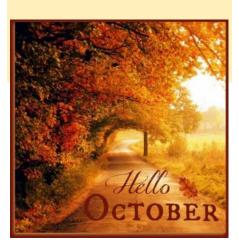
Our Mission: To enhance the vitality of participants' lives and support their caregivers by providing quality adult day services designed to keep them connected to and involved in the community.

October 2024

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Emily -10/1 Betty -10/2 Gerald-10/5 Desmond- 10/8 Cole-10/17 Susan-10/29

1 10:15-11:15 Moving to the OLDIES **Breast Cancer Awareness** Month Black Dog Day 1:00-1:45 Emily's Birthday

2 10:15-11:15 Singing & Dancing w/ Macon/ Interactive Board Games 1:00-1:45

Betty's Birthday Activity

3 10:15-11:15 Select-a-Song Fun Guessture w/Des & Glenn Diamond Art w/ Nikki & Sarah

1:00-1:45 **Participants** Council

1:00-1:45 World Smile Day Cinnamon Roll Day Gerald's Birthday Activity

4 10:15-11:15

Inspirational Songs

World Space Day

World Animal Day

7 10:15-11:15

Moving to The OLDIES Morning Star/ Music & Devotion Wii Games 1:00-1:45

National Chocolate Cover Pretzel Day Creative Craft w/ Heather 8 10:15-11:15

Activity

Mental Relaxation Time **Community Outing @**Bargain Hunt Shopping @ 1:15-1:45

Desmond's **Birthday Activity** 9 10:15-11:15

National Stop Bullying Day Community Outing Shopping @ Bargain Hunt

1:00-1:45 Creative Crafts Visiting w/ Comfort Dog Faith

Select-a-Song Fun Community Outing Shopping @ 🎤 Bargain Hunt

10 10:15-11:15

1:45 World Mental Health Day **Groups Sessions**

11 10:15-11:15

Inspirational Songs National Spread Joy Day Fire Safety w/ Terry

1:00-1:45

Diversity Awareness Month Individual Activities Movie & Clean Up Friday

14 10:00-11:15

Feel Good Songs Multicultural Diversity Day Community Outing

Shopping @ PBargain Hunt 1:00-1:45

Tye Dye w/ Kevin & Lizzy

15 10:00-11:15

Moving to The OLDIES **Texting Tuesday** Sweetest Day

1:00-1:45 Around The Clock (Dice Game)

16 10:00-11:15

Inspirational Songs Indoor Camping w/ Eric Diamond Art w/ Nikki

1:00-1:45 National Boss's Day Number Game w/ Tracie 17 10:00-11:15

Select-a-Song Fun Wear Something Gaudy Day Carlos's Anniversary Activity

1:00-1:45

Cole's Birthday **Activity**

18 10:00-11:15

Inspirational Songs Movie & Clean Up Friday Mountain Trip

1:00-1:45

Individual Activities Movie & Clean Up Friday

21 10:00-11:15

Inspirational Songs National Apple Day 1:15-1:45

Sing along with Susie Q: Sentimental Journey w/ Jennifer from **Hickory Public Library**

22 10:00-11:15

Feel Good Songs National Color Day Let's Play BINGOCIZE

1:00-1:45 Match the Character w/ Tyler "Jake the Dog"

23 10:00-11:15

Moving to The OLDIES Pumpkin Painting

1:00-1:45 Creative Coloring / Visiting w/ Comfort Dog "Faith"

24 10:00-11:15

Geriatric Adult Specialty Team Crisis Prevention Hoarding Disorder

1:00-1:45 National Bologna Day Group w/ Shooting Stars (Madison & Glenn)

25 10:00-11:15

Inspirational Songs Simon's Anniversary **Activity**

1:00-1:45

Individual Activities / Movie Friday &Clean up

28 10:15-11:15

Moving to The OLDIES What's In The Box w/ Sarah Hickory Aviation Museum

12:30-1:45

Jack-o'-Lantern Day Reading Group Day

29 10:15-11:15

Inspirational Songs Susan's Birthday Activity

1:00-1:45

Shele's Anniversary Activity

30 10:15-11:15

Feel Good Songs National Candy Corn Day

1:00-1:45

Setting Up Games for Fall Festival Halloween Movie

31 10:15-11:15

Spooky Music Halloween Costume Contest

12:00-1:45 Halloween Fall Festival of GAMES

Wendy-10/11 (17yrs) Carlos-10/17(1year) Simon-10/26 (3yrs) Shele- 10/27 (9yrs)

